

Directions: As a dietary supplement, take one softgel daily or as directed by a healthcare practitioner.

Bluebonnet's Natural Vitamin E 1000 IU Mixed Softgels contain natural d-alpha tocopherol with a full spectrum of natural tocopherol isomers (beta, delta and gamma) in a base of vegetable oil (i.e., soy). Available in easy-to-swallow softgels for maximum assimilation and absorption.

Manufactured for
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com

0622E



Bluebonnet



Natural
Vitamin E
1000 IU

Mixed Tocopherols
Dietary Supplement
50 Softgels



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E (as d-alpha tocopherol)	1000 IU	3333
Mixed Tocopherols (Supplying d-gamma tocopherol, d-delta tocopherol and d-beta tocopherol)	5 mg	*

Daily Value based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, soybean oil.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.