PRODUCT INFORMATION

One tablet typically provides: %NRV* Vitamin C 1000mg Rosehips 50mg

*NRV - Nutrient Reference Value

More than 1000mg of Vitamin C may cause mild stomach upset in sensitive individuals.

INGREDIENTS: Ascorbic acid, rosehips powder, emulsifier: sodium carboxymethyl cellulose: anti-caking agent: magnesium stearate*; coating: hydroxypropyl methylcellulose (glycerine)*. *(vegetarian source)

DOES NOT CONTAIN: sugar, salt, starch, sova. wheat, gluten, yeast, lactose, dairy products, artificial preservatives, colours or flavourings.

Suitable for vegetarians and vegans.

This product is not tested on animals.



HIGHER NATURE®

ROSEHIPS C 1000

vitamin C 1000mg

90 tablets VEGAN FOOD SUPPLEMENT

ROSEHIPS C 1000 90 tablets

vitamin C & rosehip supplement RC1090

- √ Vitamin C contributes to normal. immune system function.
- √ Vitamin C contributes to normal collagen formation for the normal function of bones, cartilage, teeth,
- gums, skin and blood vessels. ✓ Vitamin C increases iron absorption.

DIRECTIONS: Take 1-3 tablets a day, with meals, or as your health professional advises. A daily multivitamin is also recommended. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.



RCI-079-06

Keep out of reach of children. Ensure lid is tight and store in a cool, dry, steam-free environment as damp conditions can affect the product quality.

HIGHER NATURE Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com