

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Mega Bio-C Formula Capsules contain high potency buffered vitamin C from pure calcium ascorbate and high potency citrus bioflavonoids complex from oranges, lemons, tangerines, grapefruits and limes plus, hesperidin and rutin. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



Bluebonnet®



Mega Bio-C Formula

Buffered Vitamin C, Citrus Bioflavonoids
Dietary Supplement



180 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 90

Amount Per Serving		% Daily Value
Vitamin C (as calcium ascorbate)	750 mg	1250
Calcium (as calcium ascorbate)	70 mg	7
Citrus Bioflavonoid Complex	750 mg	*
Hesperidin (Supplying flavones [eriocitrin, naringenin, narirutin] flavonols and other related phenolic compounds)	300 mg	*
Rutin	50 mg	*

*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

