



F1371B

Rev: 1 07/16

Lot#:
Best
Before:

INNATE

RESPONSE FORMULAS



vis medicatrix naturae

Men's Multivitamin

IRON FREE

Multivitamin & Mineral
Dietary Supplement

60 Tablets

Supplement Facts

Serving Size 2 Tablets

Servings per Container 30

	Amount per Serving		% DV
Vitamin A.....(beta carotene in carrot)	4000	IU	80
Vitamin C.....(ascorbic acid in organic orange)	200	mg	333
Vitamin D3.....(cholecalciferol in <i>S. cerevisiae</i>)	800	IU	200
Vitamin E....(mixed tocopherols [sunflower] in organic brown rice)	50	IU	167
Vitamin K1/K2.....(phytonadione/menaquinone-7 in cabbage)	80	mcg	100
Vitamin B1.....(thiamine HCl in <i>S. cerevisiae</i>)	1.8	mg	120
Vitamin B2....(riboflavin 5'-phosphate sodium in organic brown rice)	2.1	mg	124
Niacin.....(niacinamide in <i>S. cerevisiae</i>)	20	mg	100
Vitamin B6.....(P5P in organic brown rice)	6	mg	300
Folate.....(5-MTHF in broccoli)	100	mcg	25
Vitamin B12.....(methylcobalamin in <i>S. cerevisiae</i>)	12	mcg	200
Biotin.....(in organic brown rice)	300	mcg	100
Pantothenic Acid.....(calcium pantothenate in organic brown rice)	8	mg	80
Iodine.....(mineral bound <i>S. cerevisiae</i>)	150	mcg	100
Zinc.....(rice amino acid chelate)	22.5	mg	150
Selenium.....(mineral bound <i>S. cerevisiae</i>)	70	mcg	100
Copper.....(mineral bound <i>S. cerevisiae</i>)	150	mcg	8
Manganese.....(mineral bound <i>S. cerevisiae</i>)	2	mg	100
Chromium.....(mineral bound <i>S. cerevisiae</i>)	120	mcg	100
Molybdenum.....(mineral bound <i>S. cerevisiae</i>)	55	mcg	73
Potassium.....(mineral bound <i>S. cerevisiae</i>)	2	mg	<1
Choline.....(choline bitartrate)	200	mg	**

** % Daily Value (DV) not established

Other Ingredients: Silica, Stearic Acid, Plant Cellulose.

Suggested Use: 2 tablets daily, or as directed by your healthcare practitioner.

May be taken anytime throughout the day, even on an empty stomach.

At INNATE Response we share your belief that nothing is more important than restoring your body's innate ability to heal. To that end, we develop nutrient rich supplements that embrace the wholism of nature, helping you achieve optimal health.

FoodState Nutrients™ are made with whole foods to provide essential vitamins and minerals that are easy-to-digest and gentle on the body, even when taken on an empty stomach.

Learn more at: www.innateresponse.com

