

ONE A DAY[®]

ADULT

VitaCraves[®]

HEALTHY METABOLISM SUPPORT[®]

MULTI

- B-Vitamins to help convert food, including carbs, to fuel*
- Chromium to help use carbs from food*

GUMMIES



MULTIVITAMIN/
MULTIMINERAL SUPPLEMENT

Naturally
Flavored

60
GUMMIES



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Adults and children 12 years of age and older: Fully chew two gummies daily.

Supplement Facts

Serving Size: 2 gummies
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	3 g	1%*
Sugars	2 g	**
Vitamin A	2500 IU	50%
Vitamin C	90 mg	150%
Vitamin D	600 IU	150%
Vitamin E	30 IU	100%
Thiamin (B ₁)	0.3 mg	20%
Riboflavin (B ₂)	0.34 mg	20%
Niacin	20 mg	100%

	Amount Per Serving	% Daily Value
Vitamin B ₆	2 mg	100%
Folic Acid	200 mcg	50%
Vitamin B ₁₂	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	2.5 mg	25%
Iodine	150 mcg	100%
Chromium	120 mcg	100%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: Glucose Syrup, Sugar, Gelatin, Water, Ascorbic Acid; Less Than 2% Of: Bees Wax, Carnuba Wax, Chromium Picolinate, Citric Acid, Colors (Black Carrot and Black Currant Concentrates, Paprika Emulsion, Turmeric Extract [root]), D-Biotin, D-Calcium Pantothenate, Folic Acid, Natural Flavors, Niacinamide, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Vegetable Oil (Coconut or Palm), Vitamin A Acetate, Vitamin B₁₂, Vitamin D₃ (Cholecalciferol), Vitamin E Acetate. **Contains:** Wheat, Tree Nuts (coconut).

KEEP OUT OF REACH OF CHILDREN

Not for children under 12 years of age.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

Do not exceed recommended intake

CHILD RESISTANT CAP

Do not use if safety seal bearing "SEALED for YOUR PROTECTION" under cap is torn or missing.

Store at room temperature. Avoid excessive heat.

Questions or comments? Please call
1-800-800-4793 (Mon-Fri 9AM - 5PM EST)

Made in Germany

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Whippany, NJ 07981

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