

 Manufactured by: Innate Response<sup>®</sup>  
P.O. Box 5244 Manchester NH 03108 Phone: 800-634-6342 / 603-216-0899

# INNATE<sup>®</sup>

RESPONSE FORMULAS



F1376B  
Rev: 1 07/16

Best  
Before:  
10/16

## Men's 55+ Multivitamin

FREE OF IODINE, IRON & VITAMIN K

Multivitamin & Mineral  
Dietary Supplement

120 Tablets

## Supplement Facts

Serving Size 2 Tablets

Servings per Container 60

Amount per Serving % DV

Vitamin A	(beta carotene in carrot)	3500 IU	70
Vitamin C	(ascorbic acid in organic orange)	100 mg	167
Vitamin D3	(cholecalciferol in <i>S. cerevisiae</i> )	1000 IU	250
Vitamin E (mixed tocopherols [sunflower] in organic brown rice)		22 IU	73
Vitamin B1	(thiamine HCl in <i>S. cerevisiae</i> )	2.5 mg	167
Vitamin B2 ... (riboflavin 5'-phosphate sodium in organic brown rice)		3.5 mg	206
Niacin	(niacinamide in <i>S. cerevisiae</i> )	20 mg	100
Vitamin B6	(P5P in organic brown rice)	6 mg	300
Folate	(5-MTHF in broccoli)	200 mcg	50
Vitamin B12	(methylcobalamin in <i>S. cerevisiae</i> )	20 mcg	333
Biotin	(in organic brown rice)	300 mcg	100
Pantothenic Acid ... (calcium pantothenate in organic brown rice)		8 mg	80
Zinc	(rice amino acid chelate)	15 mg	100
Selenium	(mineral bound <i>S. cerevisiae</i> )	7.5 mcg	11
Copper	(mineral bound <i>S. cerevisiae</i> )	150 mcg	8
Manganese	(mineral bound <i>S. cerevisiae</i> )	1 mg	50
Chromium	(mineral bound <i>S. cerevisiae</i> )	120 mcg	100
Molybdenum	(mineral bound <i>S. cerevisiae</i> )	55 mcg	73
Potassium	(mineral bound <i>S. cerevisiae</i> )	3 mg	<1
Choline	(choline bitartrate)	200 mg	**
Pumpkin Seed Extract		125 mg	**
Green Tea Leaf Extract		125 mg	**

\*\* % Daily Value (DV) not established

Other Ingredients: Plant Cellulose, Silica, Stearic Acid.

Suggested Use: 2 tablets daily, or as directed by your healthcare practitioner. May be taken anytime throughout the day, even on an empty stomach.

IRON, VITAMIN K &  
IODINE FREE FORMULA



At INNATE Response we share your belief that nothing is more important than restoring your body's innate ability to heal. To that end, we develop nutrient rich supplements that embrace the wholism of nature, helping you achieve optimal health.

FoodState Nutrients™ are made with whole foods to provide essential vitamins and minerals that are easy-to-digest and gentle on the body, even when taken on an empty stomach.

Learn more at: [www.innatenresponse.com](http://www.innatenresponse.com)