

Directions: As a dietary supplement, take one caplet daily or as directed by a healthcare practitioner.

Bluebonnet's C-500 mg Plus Bioflavonoids Caplets contain pure identity preserved (IP) vitamin C from L-ascorbic acid, citrus bioflavonoids complex from oranges, lemons, tangerines, grapefruits and limes, plus hesperidin and rutin. Available in easy-to-swallow caplets.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
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Bluebonnet®



C-500 mg Plus Bioflavonoids

Vitamin C Plus Citrus Bioflavonoids
Dietary Supplement

180 Caplets



Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	500 mg	833
Citrus Bioflavonoid Complex	250 mg	*
Hesperidin	62 mg	*
(Supplying flavones [eriocitrin, naringenin, narirutin] flavonols and other related phenolic compounds)		*
Rutin	50 mg	*

* Daily Value not established.

Other ingredients: Calcium phosphate, vegetable cellulose, silica, stearic acid, vegetable magnesium stearate, vegetable glaze.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.