

With more[†] of
10 key nutrients

ONE A DAY[®]

MEN'S

MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

50+

HEALTHY ADVANTAGE

Formulated with Key Nutrients to Support:*

- Cell Health • Heart Health[‡] • Eye Health
- Immune Health • Healthy Blood Pressure^{††}

**Addresses Your Health
Concerns As You Age**



100 TABLETS

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One tablet

	Amount Per Serving	% Daily Value
Vitamin A	3500 IU	70%
(20% as beta-carotene)		
Vitamin C	120 mg	200%
Vitamin D	700 IU	175%
(as Vitamin D ₃)		
Vitamin E	25.5 IU	85%
Vitamin K	20 mcg	25%
Thiamin (B ₁)	4.5 mg	300%
Riboflavin (B ₂)	3.4 mg	200%
Niacin	20 mg	100%

	Amount Per Serving	% Daily Value
Vitamin B ₆	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B ₁₂	25 mcg	417%
Biotin	30 mcg	10%
Pantothenic Acid	15 mg	150%
Calcium	120 mg	12%
(elemental)		
Iron	0 mg	0%
Iodine	150 mcg	100%

	Amount Per Serving	% Daily Value
Magnesium	110 mg	28%
Zinc	24 mg	160%
Selenium	117 mcg	167%
Copper	2.2 mg	110%
Manganese	4.2 mg	210%
Chromium	180 mcg	150%
Molybdenum	90 mcg	120%
Lycopene	370 mcg	*

*Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium, Zinc Oxide, dl-Alpha-Tocopheryl Acetate; Less than 2% of: Beta-Carotene, Biotin, Cholecalciferol, Chromium Chloride, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, FD&C Blue #1 Lake, FD&C Blue #2 Lake, Folic Acid, Hydroxypropyl Methylcellulose, Lycopene, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenite, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate.

KEEP OUT OF REACH OF CHILDREN

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Store at room temperature.

Avoid excessive heat above 40°C (104°F).

† With 25% DV more Folic Acid (400 mcg vs. 300 mcg), 50% DV more Pantothenic Acid (15 mg vs. 10 mg), 200% DV more Thiamin (4.5 mg vs. 1.5 mg), 100% DV more Riboflavin (3.4 mg vs. 1.7 mg), 60% DV more Zinc (24 mg vs. 15 mg), 137% DV more Selenium (117 mcg vs. 21 mcg), 85% DV more Copper (2.2 mg vs. 0.5 mg), 100% DV more Chromium (180 mcg vs. 60 mcg), 53% DV more Molybdenum (90 mcg vs. 50 mcg) and 10% DV more Manganese (4.2 mg vs. 4 mg) than Centrum Silver Men 50+.

†† To help support blood pressure levels already within the normal range.

‡ Not a replacement for heart medications.

Questions? 1-800-800-4793

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LOT/EXP

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