

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin C-500 mg Capsules contain pure non-GMO, identity preserved (IP) vitamin C from L-ascorbic acid. Tested for quality and purity in our own state-of-the-art laboratory. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
Bluebonnet Nutrition Corporation
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Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



Bluebonnet®



Vitamin C 500 mg

Pure L-Ascorbic Acid
Dietary Supplement



180 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	500 mg	556

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's Kof-K Certification #K-0000700