

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Ascorbyl Palmitate 500 mg Capsules contain pure ascorbyl palmitate. Ascorbyl palmitate is a lipid-soluble form of vitamin C, which forms an ester using L-ascorbic acid and palmitic acid. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Bluebonnet's KOF-K Certification #K-0000700

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Bluebonnet[®]



Ascorbyl Palmitate

Vitamin C Ester 500 mg

Dietary Supplement



120 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Ascorbyl Palmitate	500 mg	*
Vitamin C	200 mg	333

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate, silica.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.