

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Niacin 100 mg Capsules contain yeast-free nicotinic acid in its purest crystalline form. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

CAUTION: Niacin may cause skin flushing, tingling, and reddening. Do not take on an empty stomach.

Manufactured by
Bluebonnet Nutrition Corporation
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Sugar Land, TX 77478 USA
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Bluebonnet



Niacin 100 mg

Dietary Supplement



90 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin B ₃ (as nicotinic acid)	100 mg	625

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700