

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

VEG CAPS

Albion[®] Chelated

Magnesium & Calcium

2:1 Mag:Cal



with Vitamin D & Vitamin K2
Dietary Supplement

90 VEGGIE CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, take one veggie capsule three times per day with food and water.

WARNING: Contains vitamin K. Consult your health-care provider before use if you are using blood-thinning medications or are pregnant or nursing.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
Vitamin D-3 (as cholecalciferol)	16.7 mcg 83%
Vitamin K-2 (as menaquinone-7)	16.7 mcg 14%
Calcium (from TRAACS [®] calcium glycinate chelate buffered)	66.7 mg 5%
Magnesium (from TRAACS [®] magnesium bisglycinate chelate buffered)	133.4 mg 32%

Other ingredients: Pullulan (vegetable-derived polysaccharide) (vegetable capsule), magnesium oxide, citric acid, maltodextrin, silica, rice flour, dicalcium phosphate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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