

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Biotin 1000 mcg Capsules contain yeast-free biotin in its purest crystalline form. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
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0446E



Bluebonnet



Biotin 1000 mcg



Vegan

Dietary Supplement
90 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Biotin	1000 mcg	3333

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700