



# MegaFood®

Fresh From Farm To Tablet™

## Magnesium

Helps Maintain Nerve & Muscle Function\*



90 TABLETS  
90 SERVINGS

MINERAL DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Tablet  
Servings per Container 90

	Amount per Serving	% DV
🌱 Magnesium (mineral bound <i>S. cerevisiae</i> )	50 mg	12
Organic Spinach	50 mg	**

\*\* % Daily Value (DV) not established

**Other Ingredients:** Cellulose, Stearic Acid.

**Suggested Use:** 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

🌱 This MegaFood product is made with real food and added nutrients. Each mineral is paired with wholesome nutritional yeast using a unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at [megafood.com/showme](http://megafood.com/showme). Satisfaction guaranteed or your money back.



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Lot#: \_\_\_\_\_  
Best Before: \_\_\_\_\_

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,  
PO Box 5244, Manchester, NH 03108  
[megafood.com](http://megafood.com) / 800.848.2542

