

Swanson

U L T R A®

The Most Advanced Nutrition Technology

TABLETS

Supplement

Vitamin B-12

with Folic Acid

Vitamin Supplement

Natural Strawberry Flavor



60 SUBLINGUAL TABLETS



- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, chew or dissolve under tongue one tablet per day.

Supplement Facts

Serving Size 1 Sublingual Tablet

Amount Per Serving	% Daily Value
Folate 665 mcg DFE (400 mcg folic acid)	166%
Vitamin 1,000 mcg B-12 (as cyanocobalamin)	41,667%

Other ingredients: Xylitol, microcrystalline cellulose (plant fiber), mannitol, croscarmellose sodium, crospovidone, citric acid, starch, natural strawberry flavor, cellulose gum, calcium palmitate, silica, hydroxypropyl methylcellulose, hydroxypropyl cellulose, stevia extract, vegetable juice color (beet, black carrot, purple sweet potato, red cabbage, red radish).

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