

Swanson

U L T R A®

The Most Advanced Nutrition Technology

TABLETS

Methylcobalamin

High Absorption Vitamin B-12

Vitamin Supplement



60 TABLETS • 2.5 mg



- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, dissolve one tablet in mouth one to two times per day.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin B-12 (as methylcobalamin)	104,167%

Other ingredients: Xylitol, microcrystalline cellulose (plant fiber), croscarmellose sodium, crospovidone, carboxymethyl cellulose, citric acid, natural cherry flavor, hydroxypropyl cellulose, hydroxypropyl methylcellulose, calcium palmitate, silica, vegetable juice color [gum arabic, vegetable juice (beet, black carrot, purple sweet potato, red cabbage, red radish), maltodextrin, citric acid], stevia extract (Stevia rebaudiana) (leaf).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
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TO REORDER, CALL TOLL FREE 1-800-437-4148
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