



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium (Lactate)

Mineral Supplement



100 capsules • 100 mg

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule two times per day with water. For maximum benefit, take two capsules three times per day.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Calcium	100 mg	8%
(from calcium lactate)		

Other ingredients: Rice flour, gelatin, calcium palmitate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



0 87614 11331 9

SW1331