

Luminate is a revolutionary sleep support formula that has been scientifically formulated to help promote a restful night sleep, fall asleep faster, and is non habit forming.* Featuring eight key ingredients that have been lab tested for maximum effectiveness.

Precautions: For adult use only. Do not use with alcohol, when driving or while operating heavy machinery. Consult a healthcare practitioner before use if you are taking any medications, have a medical condition, or are pregnant or nursing.

Keep out of the reach of children.
Keep product at room temperature and humidity (59-86°F, 40% RH).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.Lumiday.com • 1-877-556-5864



- ✓ Fall Asleep Faster*
- ✓ Enjoy Deep Sleep*
- ✓ Sleep All Night*
- ✓ Feel Rested*

Dietary Supplement • 30 Capsules

USAGE: Adults take one (1) capsule approximately 30-60 minutes before bed with water.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving		%DV
Niacin	3.7 mg	23%
L-Tryptophan	220 mg	†
Gamma-Aminobutyric Acid (GABA)	100 mg	†
Skullcap Root Extract	60 mg	†
L-Glycine	50 mg	†
Passion Flower Extract (aerial parts) (4% vitexin)	20 mg	†
Hops Flower Extract	20 mg	†
Chamomile (aerial parts)	20 mg	†
Melatonin	4 mg	†

Daily Value (DV) not established.

Other Ingredients: Gelatin, vegetable magnesium stearate, and maltodextrin.

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