



Swanson

U L T R A®

The Most Advanced Nutrition Technology

VEG CAPS

High Potency
Beta-Sitosterol
Plant Sterol Complex
with Zinc & Selenium
Dietary Supplement

30 VEGGIE CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one veggie capsule per day with water.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing or taking prescription medication.

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving	% Daily Value
Zinc	15 mg 136%
(from TRAACS® zinc glycinate chelate)	
Selenium (from SelenoExcell® 200 mcg organically bound high-selenium yeast)	364%
Beta-Sitosterol	320 mg *
[from Phytopin® pine phytosterols (Pinus) (trunk)]	

*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), brown rice flour, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com

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