

Directions: As a dietary supplement, take one capsule daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Vitamin B₂ 100 mg Capsules contain riboflavin (B₂) in its purest crystalline form. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
Bluebonnet Nutrition Corporation
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Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com

04260



Dietary Supplement
100 Vegetable Capsules



Bluebonnet



**Vitamin
B₂ 100 mg**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin B ₂ (as riboflavin)	100 mg	7692

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700