

Swanson ULTRA®

The Most Advanced Nutrition Technology
CAPSULES

Albion® Chelated Multi-Mineral without Iron Dietary Supplement



120 CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE. • KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take two capsules one to two times per day with food and water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Calcium (from TRAACS® calcium glycinate chelate)	117.5 mg 9%
Phosphorus (from dicalcium phosphate)	27 mg 2%
Iodine (from kelp)	200 mcg 133%
Magnesium (from TRAACS® magnesium lysyl glycinate chelate)	30 mg 7%
Zinc (from TRAACS® zinc glycinate chelate)	15 mg 136%
Selenium (from Albion® amino acid complex)	200 mcg 364%
Copper (from TRAACS® copper glycinate chelate)	0.05 mg 6%
Manganese (from TRAACS® manganese bisglycinate chelate)	0.56 mg 24%
Chromium (from TRAACS® chromium nicotinate glycinate chelate)	12 mcg 34%
Molybdenum (from TRAACS® molybdenum glycinate chelate)	12.5 mcg 28%
Potassium (Albion® amino acid complex)	72 mg 2%
Horsetail Extract (Equisetum arvense) (stems and leaves) (standardized to 7% silica)	62 mg *
Chlorella (Chlorella vulgaris) (broken cell wall)	5 mg *
Amylase	3.32 mg *
Lipase	3.32 mg *
Protease	3.32 mg *
Vanadium (from TRAACS® vanadium nicotinate glycinate chelate)	15 mcg *
Boron (from Albion® bororganic glycine)	4 mcg *

*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, maltodextrin, rice flour, citric acid, microcrystalline cellulose (plant fiber).
Contains shellfish (lobster, crab and shrimp).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS • Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

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