CHOLINE SR provides an excellent source of choline, an essential nutrient for healthy liver function and lipid metabolism, cell membrane integrity, and heart and nervous system health.†

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking any medications, or are pregnant or nursing.

STORE IN A COOL, DRY PLACE. Keep out of reach of children. Do not use if seal is broken or missing. Natural color variation occurs in tablets. Formulated for steady release over 5-7 hours.

SUSTAINED RELEASE

Choline SR

Promotes liver and cellular health†

DIETARY SUPPLEMENT

300mg | 200 TABLETS

Suggested Use: Take one (1) to six (6) tablets daily in divided doses, preferably with meals, or as directed by your healthcare professional.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% DV
Choline (as choline bitartrate)	300 mg	55%

Other Ingredients: Vegetable wax (rice bran and/or carnauba), stearic acid (vegetable), magnesium stearate (vegetable), silica, and modified cellulose gum.

NO sugar, starch, artificial flavors, colors, sweeteners or preservatives.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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