



Doctor & Pharmacist[§]
Recommended
Calcium Brand

Defy bone aging with
CITRACAL calcium and a
high level of vitamin D₃.

Adequate calcium and vitamin D
throughout life, as part of a
well-balanced diet, may reduce
the risk of osteoporosis.

CITRACAL

+magnesium & minerals is
made with calcium citrate,
a different kind of calcium:

- highly soluble, easily absorbed
- can be taken with or without food
- gentle on your digestive system

§ Pharmacy Times Survey 2015



CALCIUM CITRATE

**+ magnesium
& minerals**

with zinc, copper, and
manganese for bone health*

can be taken with or without food

120
COATED
CAPLETS

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Directions: Adults: Take 1 serving (2 caplets) twice daily with or without food
or as recommended by your physician, pharmacist, or health care professional.

Supplement Facts

Serving Size: 2 caplets

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	250 IU	63%
Calcium (elemental)	500 mg	50%
Magnesium	80 mg	20%
Zinc	7.5 mg	50%
Copper	1 mg	50%
Manganese	1 mg	50%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Magnesium Hydroxide,
Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Silicate,
Titanium Dioxide (color), Propylene Glycol Dicaprylate/Dicaprate, Zinc Oxide,
Manganese Gluconate, Copper Gluconate, Magnesium Stearate, Oligofructose
Enriched Inulin, Vitamin D₃ (Cholecalciferol).

KEEP OUT OF REACH OF CHILDREN

If pregnant, breast-feeding, taking medication, or have any underlying
medical condition ask a health professional before use.

Do not use if printed foil seal is torn or missing.

Questions or comments? Please call 1-866-511-9328

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