

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin D₃ 5000 IU Capsules contain pure vitamin D₃ (cholecalciferol) from lanolin. Available in easy-to-swallow capsules for maximum assimilation and absorption.

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, TX 77478 USA
www.bluebonnetnutrition.com



Bluebonnet®



Vitamin D₃ 5000 IU

Natural Lanolin Source
Dietary Supplement

120 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin D ₃	125 mcg (as 5000 IU cholecalciferol from lanolin)	625

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700