

Defy bone aging with CITRACAL calcium and a high level of vitamin D₃. Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

CITRACAL **petites** comes in smaller†, easier to swallow caplets made with calcium citrate, a different kind of calcium:

- highly soluble, easily absorbed
- can be taken with or without food

†Compared to CITRACAL Maximum



100
COATED
CAPLETS

Directions: Adults: Take 1 serving (2 caplets) twice daily with or without food or as recommended by your physician, pharmacist, or health care professional.

Supplement Facts

Serving Size: 2 caplets

Servings Per Container: 50

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	500 IU	125%
Calcium (elemental)	400 mg	40%

INGREDIENTS: Calcium Citrate, Polyethylene Glycol, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Silicate, Titanium Dioxide (Color), Propylene Glycol Dicaprylate/Dicaprate, Oligofructose Enriched Inulin, Magnesium Stearate, Vitamin D₃ (Cholecalciferol).

If pregnant, breast-feeding, taking medication, or have any underlying medical condition ask a health professional before use.

KEEP OUT OF REACH OF CHILDREN

Do not use if printed toll seal is torn or missing.

Questions or comments? Please call 1-866-511-9328

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