



SUSTAINED RELEASE

ENDUR-B®

COMPLEX

Dietary Supplement

300 Tablets

**Directions:** Take one tablet daily with a full glass of water, preferably with a meal.

These tablets are specially manufactured to release the dietary ingredients continuously over a 6-8 hour period.

Store in dry place at room temperature.

**Other Ingredients:** Calcium Phosphate, Vegetable Stearine (from Soybeans), Carnauba Wax, Silica, Stearic Acid (Veg), Magnesium Stearate (Veg), Modified Cellulose. (CONTAINS VEGETABLE STEARINE FROM SOYBEAN OIL)

Contains no salt, sugar, starch, preservatives, artificial color or flavorings.

**Supplement Facts**

Serving Size: 1 Tablet

| Amount Per Serving                              | %Daily Value |       |
|-------------------------------------------------|--------------|-------|
| Thiamin (B1)<br>(as thiamin mononitrate)        | 15 mg        | 1000% |
| Riboflavin (B2)                                 | 17 mg        | 1000% |
| Niacinamide (B3)                                | 200 mg       | 1000% |
| Vitamin B6 (as pyridoxine HCl)                  | 20 mg        | 1000% |
| Folate (as folic acid)                          | 400 mcg      | 100%  |
| Vitamin B12<br>(as cyanocobalamin)              | 60 mcg       | 1000% |
| Biotin                                          | 300 mcg      | 100%  |
| Pantothenic Acid<br>(as d-calcium pantothenate) | 100 mg       | 1000% |

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