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Manufactured by  
Bluebonnet Nutrition Corporation  
12915 Dairy Ashford, Sugar Land, Texas 77478 USA



Advanced Antioxidant  
Dietary Supplement  
**60 Vegetable Capsules**



# Bluebonnet



# Heart Antioxidant

**Directions:** As a dietary supplement, take four capsules daily, preferably with a meal or as directed by a healthcare practitioner.

## Supplement Facts

Serving Size 4 Capsules      Servings Per Container 15

| Amount<br>Per Serving                                  | % Daily<br>Value |
|--------------------------------------------------------|------------------|
| Vitamin A (as natural beta-carotene)                   | 5000 IU 100      |
| Vitamin C (as L-ascorbic acid)                         | 500 mg 833       |
| Vitamin E (as natural d-alpha<br>tocopheryl succinate) | 200 IU 667       |
| Vitamin B <sub>3</sub> (as niacinamide)                | 25 mg 125        |
| Vitamin B <sub>6</sub> (as pyridoxine HCl)             | 25 mg 1250       |
| Folate (as folic acid)                                 | 400 mcg 100      |
| Vitamin B <sub>12</sub> (as cyanocobalamin)            | 500 mcg 8333     |
| Calcium (as citrate, carbonate)                        | 100 mg 10        |
| Magnesium (as aspartate)                               | 100 mg 25        |
| Selenium (as selenomethionine)                         | 100 mcg 143      |
| Chromium (as picolinate)                               | 100 mcg 84       |
| Potassium (as citrate)                                 | 99 mg 3          |
| Flax Seed Powder                                       | 250 mg *         |
| Citrus Bioflavonoids                                   | 100 mg *         |
| Hawthorn Berry Extract                                 | 100 mg *         |
| L-Carnitine Tartrate (free-form)                       | 100 mg *         |
| Taurine                                                | 100 mg *         |
| Cayenne Extract                                        | 50 mg *          |
| Garlic Extract                                         | 50 mg *          |
| Green Tea Leaf Extract                                 | 50 mg *          |
| Gugulipid Extract                                      | 50 mg *          |
| Coenzyme Q10 (as ubiquinone)                           | 30 mg *          |
| Tomato Extract (supplying lycopene)                    | 30 mg *          |
| Ginger Extract                                         | 25 mg *          |

\*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

**Contains: Soybeans**

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of gluten, barley, rice, sodium and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700