

Foods and supplements containing at least 400 mg per serving of plant sterols, eaten twice a day with meals for a daily total intake of at least 800 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of EP Phytosterols supplies 450 mg of phytosterols.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking any medications, or are pregnant or nursing.

STORE IN A COOL, DRY PLACE. Keep out of reach of children. Do not use if seal is broken or missing. Natural color variation occurs in tablets.

IMMEDIATE RELEASE

Phytosterols

Promotes healthy heart
and prostate function†

DIETARY SUPPLEMENT

450mg

180 TABLETS

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Directions: Take one (1) tablet at the beginning of a meal, twice daily, or as directed by your healthcare professional.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% DV	
Calcium (as phosphate)	50 mg	4%
Phosphorus	38 mg	3%
Phytosterols	450 mg	*
(as 40% beta-sitosterol, 20% campesterol, 14% stigmasterol, and other sterols)		

* Daily Value (DV) not established.

Other Ingredients: Cellulose, modified cellulose, silica, stearic acid (vegetable), and magnesium stearate (vegetable).

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