

CAL-MG COMPLEX® features the preferred 2:1 ratio of bioavailable calcium and magnesium along with an excellent source of vitamin D₃.

‡Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking any medications, or are pregnant or nursing.

STORE IN A COOL, DRY PLACE. Keep out of reach of children. Do not use if seal is broken or missing. It is normal for this product to have a distinctive botanical aroma.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

IMMEDIATE RELEASE

Cal-Mag Complex™

May reduce the risk
of osteoporosis†

DIETARY SUPPLEMENT

300mg/150mg

120 TABLETS



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Suggested Use: Take one (1) tablet with a meal or snack, up to four times daily, or as directed by your healthcare professional.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value	
Vitamin D3	10 mcg (400 IU)	50%
(as cholecalciferol)		
Calcium	300 mg	23%
(as carbonate, citrate)		
Magnesium	150 mg	36%
(as oxide, citrate)		

Other Ingredients: Vegetable wax (rice bran and/or carnauba), stearic acid (vegetable), pacific kelp, modified cellulose gum, silica, and magnesium stearate (vegetable). **NO** sugar, preservatives, artificial color or flavorings.

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