

Directions: As a dietary supplement, take two capsules daily, preferably with a meal or as directed by a healthcare practitioner.

Bluebonnet's Beta-Carotene, C, E Plus Selenium Capsules are specially formulated with a combination of four potent antioxidants: beta-carotene that provides naturally occurring mixed provitamin A carotenoids (gamma-carotene and beta-zeacarotene), pure vitamin C from L-ascorbic acid, d-alpha vitamin E and yeast-free selenomethionine.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by
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Bluebonnet



Beta Carotene, C, E Plus Selenium

Antioxidant Formula
Dietary Supplement

90 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin A (as natural beta-carotene)	25,000 IU	500
Vitamin C (as L-ascorbic acid)	1000 mg	1667
Vitamin E (as natural d-alpha tocopheryl succinate)	400 IU	1333
Selenium (as yeast-free selenomethionine)	200 mcg	286

Carotenoid Blend/Mix:

Supplies naturally occurring gamma-carotene and beta-zeacarotene

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Minerals are shown in their elemental value.