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Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford
Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com



Bluebonnet®



iron-free

Multiminerals Plus Boron

Chelated Multimineral Formula
Dietary Supplement

90 Vegetable Capsules



Directions: As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 4 Capsules Servings Per Container 22.5

Amount Per Serving	% Daily Value
Calcium (as citrate, carbonate)	1000 mg 77
Iodine (as potassium iodide)	150 mcg 100
Magnesium (as aspartate, oxide)	500 mg 119
Zinc (as zinc picolinate)	30 mg 273
Selenium (as L-selenomethionine)	200 mcg 364
Copper (as copper histidine)	2 mg 222
Manganese (as manganese L-histidine)	10 mg 435
Chromium (as chromium picolinate)	200 mcg 571
Molybdenum (as glycinate chelate)	100 mcg 222
Potassium (as potassium aspartate)	99 mg 2
Boron (as citrate, aspartate, glycinate)	3 mg *

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, silica, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.