

Manufactured by  
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# Multiminerals Plus Boron

Chelated Multimineral Formula  
Dietary Supplement

**180 Vegetable Capsules**



**Directions:** As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

## Supplement Facts

| Serving Size 4 Capsules                  |         | Servings Per Container 45 |                  |
|------------------------------------------|---------|---------------------------|------------------|
| Amount<br>Per Serving                    |         |                           | % Daily<br>Value |
| Calcium (as citrate, carbonate)          | 1000 mg |                           | 77               |
| Iron (as ferrous bisglycinate)           | 18 mg   |                           | 100              |
| Iodine (as potassium iodide)             | 150 mcg |                           | 100              |
| Magnesium (as aspartate, oxide)          | 500 mg  |                           | 119              |
| Zinc (as zinc picolinate)                | 30 mg   |                           | 273              |
| Selenium (as L-selenomethionine)         | 200 mcg |                           | 364              |
| Copper (as copper histidine)             | 2 mg    |                           | 222              |
| Manganese (as manganese L-histidine)     | 10 mg   |                           | 435              |
| Chromium (as chromium picolinate)        | 200 mcg |                           | 571              |
| Molybdenum (as glycinate chelate)        | 100 mcg |                           | 222              |
| Potassium (as potassium aspartate)       | 99 mg   |                           | 2                |
| Boron (as citrate, aspartate, glycinate) | 3 mg    |                           | *                |

\*Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, silica, vegetable magnesium stearate.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.