

Bluebonnet Nutrition Corporation
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Manufactured by



Multiminerals Plus Boron

Chelated Multimineral Formula
Dietary Supplement
90 Vegetable Capsules



Directions: As a dietary supplement, take four capsules once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 4 Capsules		Servings Per Container 22.5
Amount Per Serving		% Daily Value
Calcium (as citrate, carbonate)	1000 mg	77
Iron (as ferrous bisglycinate)	18 mg	100
Iodine (as potassium iodide)	150 mcg	100
Magnesium (as aspartate, oxide)	500 mg	119
Zinc (as zinc picolinate)	30 mg	273
Selenium (as L-selenomethionine)	200 mcg	364
Copper (as copper histidine)	2 mg	222
Manganese (as manganese L-histidine)	10 mg	435
Chromium (as chromium picolinate)	200 mcg	571
Molybdenum (as glycinate chelate)	100 mcg	222
Potassium (as potassium aspartate)	99 mg	2
Boron (as citrate, aspartate, glycinate)	3 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, silica, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Minerals are shown in their elemental value.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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