

7 43715 00208 1

0208E

Manufactured by  
**Bluebonnet Nutrition Corporation**  
 12915 Dairy Ashford  
 Sugar Land, Texas 77478 USA  
[www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com)



# Bluebonnet

## High Potency

# Chelated iron-free Multiminerals

Amino Acid Chelates &  
 Other Absorbable Mineral Forms  
 Dietary Supplement

## 120 Caplets



**Directions:** As a dietary supplement, take three smaller easy-to-swallow caplets daily, preferably with a meal or as directed by a healthcare practitioner.

## Supplement Facts

| Serving Size 3 Caplets                                 |         | Servings Per Container 40 |
|--------------------------------------------------------|---------|---------------------------|
| Amount Per Serving                                     |         | % Daily Value             |
| Vitamin D <sub>3</sub> (as cholecalciferol)            | 400 IU  | 100                       |
| Calcium (as malate, citrate, bisglycinate chelate)     | 1000 mg | 100                       |
| Iodine (as potassium iodide)                           | 225 mcg | 150                       |
| Magnesium (as oxide, bisglycinate chelate)             | 400 mg  | 100                       |
| Zinc (as zinc bisglycinate chelate)                    | 25 mg   | 167                       |
| Selenium (as glycinate complex)††                      | 10 mcg  | 14                        |
| Copper (as copper bisglycinate chelate)                | 1 mg    | 50                        |
| Manganese (as manganese bisglycinate chelate)          | 10 mg   | 500                       |
| Chromium (as chromium nicotinate glycinate chelate)    | 100 mcg | 83                        |
| Molybdenum (as molybdenum glycinate chelate)           | 75 mcg  | 100                       |
| Potassium (as amino acid complex)††                    | 99 mg   | 3                         |
| Betaine HCl                                            | 100 mg  | *                         |
| Glutamic Acid HCl                                      | 100 mg  | *                         |
| Horsetail Powder                                       | 10 mg   | *                         |
| Boron (as glycinate complex)††                         | 3 mg    | *                         |
| Vanadium (as vanadium nicotinate bisglycinate chelate) | 50 mcg  | *                         |

\*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze. Minerals are shown in their elemental value.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

**Albion and Albion Medallion Design** are registered trademarks of Albion Laboratories, Inc.

††Albion Advanced Amino Acid Complex