



Manufactured by
Bluebonnet Nutrition Corporation
 12915 Dairy Ashford
 Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com



Bluebonnet

High Potency

Chelated iron-free Multiminerals

Amino Acid Chelates &
 Other Absorbable Mineral Forms
 Dietary Supplement
60 Caplets



Directions: As a dietary supplement, take three smaller easy-to-swallow caplets daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 3 Caplets Servings Per Container 20

Amount Per Serving	% Daily Value
Vitamin D ₃ (as cholecalciferol)	400 IU 100
Calcium (as malate, citrate, bisglycinate chelate)	1000 mg 100
Iodine (as potassium iodide)	225 mcg 150
Magnesium (as oxide, bisglycinate chelate)	400 mg 100
Zinc (as zinc bisglycinate chelate)	25 mg 167
Selenium (as glycinate complex)††	10 mcg 14
Copper (as copper bisglycinate chelate)	1 mg 50
Manganese (as manganese bisglycinate chelate)	10 mg 500
Chromium (as chromium nicotinate glycinate chelate)	100 mcg 83
Molybdenum (as molybdenum glycinate chelate)	75 mcg 100
Potassium (as amino acid complex)††	99 mg 3
Betaine HCl	100 mg *
Glutamic Acid HCl	100 mg *
Horsetail Powder	10 mg *
Boron (as glycinate complex)††	3 mg *
Vanadium (as vanadium nicotinate bisglycinate chelate)	50 mcg *

*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Minerals are shown in their elemental value.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700

Albion and **Albion Medallion Design** are registered trademarks of Albion Laboratories, Inc.

††Albion
 Advanced
 Amino Acid
 Complex