

Swanson ULTRA®

The Most Advanced Nutrition Technology

SOFTGELS

Enhanced Nutrition Mediterranean Nutrient Complex

Dietary Supplement

Healthy Heart Nutrition

60 SOFTGELS



- DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE: As a dietary supplement, take one softgel two times per day with food and water.

WARNING: Consult your healthcare provider before use if you are taking any prescription medications, especially blood-thinning medications. Do not take this product if you are pregnant or nursing.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
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Calories	5
Calories from Fat	5
Total Fat	0.5 g..... <1%

Extra Virgin Olive Oil (fruit)	250 mg..... *
Salmon Oil (20% EPA and DHA)	150 mg..... *
Grape Seed Oil	100 mg..... *
Green Tea Extract (standardized to 95% polyphenols) (leaves)	100 mg..... *
Red Wine Concentrate (Vitis vinifera) (skin and pulp) (standardized to 17% polyphenols)	100 mg..... *
BroccoPlus® brassica concentrate (Brassica oleracea italica, Brassica juncea) (sprouts, florets, seeds)	50 mg..... *
Lyc-O-Mato® Tomato Extract (100%)	20 mg..... *

Providing:

Lycopene (15%)	3 mg..... *
Oregano Leaf Oil	50 mg..... *
Parsley Leaf	50 mg..... *
Apple Cider Vinegar Powder	25 mg..... *
Garlic Oil (500:1 concentrate equal to 500 mg of fresh garlic) ..	1 mg..... *

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water, beeswax, maltodextrin, sunflower lecithin.
Contains soy.

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TO REORDER, CALL TOLL FREE 1-800-437-4148 or visit our website at www.swansonvitamins.com

BroccoPlus® is a registered trademark of Omega Protein Corporation, d/b/a Nutegrity. Lyc-O-Mato® is a registered trademark of LycoRed Natural Products Industries, Ltd.



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