

Swanson ULTRA®

The Most Advanced Nutrition Technology

CAPSULES

Timed-Release Energy Boost

Dietary Supplement

60 CAPSULES



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one timed-release capsule per day with water during the morning meal.

WARNING: Do not take this product if you are pregnant or nursing. Consult your healthcare provider before use if you are taking any prescription medications. Discontinue use if you experience excessive sweating, severe headaches or trembling.

Supplement Facts

Serving Size 1 Timed-Release Capsule

Amount Per Serving	% Daily Value
Vitamin B-12 (as cyanocobalamin)...	100 mcg4,167%
Korean Ginseng 100 mg*	
(root) (standardized to 5% ginsenosides)	
Kola Nut Extract 75 mg*	
(seeds) (standardized to 12% caffeine)	
Guarana Extract (seeds) 75 mg*	
(standardized to 22% alkaloids as caffeine)	
Metabromine® (Theobroma).....50 mg*	
cacao) (whole fruit) [standardized to 1.5% caffeine (0.75 mg), 6% theobromine (3 mg)]	
Bee Pollen 50 mg*	
Eleuthero Root Extract 50 mg*	
(rhizome) (standardized to 0.8% eleutherosides)	
Green Tea Extract 50 mg*	
(leaf) (standardized to 40% caffeine)	

*Daily Value not established.

Other ingredients: Dicalcium phosphate, gelatin, methylcellulose, magnesium stearate, silica, maltodextrin.

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TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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