

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

CAPSULES

SeMSC Selenium

Mineral Supplement

120 CAPSULES • 200 mcg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with food and water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Selenium	200 mcg	364%
(from L-Se-methylselenocysteine) (SeMSC)		

Other ingredients: Microcrystalline cellulose (plant fiber), gelatin, calcium palmitate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



SWU171
3