

Directions: As a dietary supplement, take one capsule daily or as directed by a healthcare practitioner.

Bluebonnet's Vitamin D3 1000 IU Capsules contain pure vitamin D3 (cholecalciferol) from lanolin. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Manufactured by
Bluebonnet Nutrition Corporation
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Bluebonnet®



Vitamin D₃ 1000 IU

Natural Lanolin Source
Dietary Supplement

180 Vegetable Capsules



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin D ₃ (as 1000 IU cholecalciferol from lanolin)	25 mcg	125

Daily Value based on a 2,000 calorie diet.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700