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Directions: Take three tablets daily. For best results, take one tablet just before each meal.

EP PHYTOSTEROLS is a good source of plant sterols. Diets low in saturated fat and cholesterol that include two servings of foods that provide a daily total of at least 1.3 g of vegetable oil sterol esters in two meals may reduce the risk of heart disease. A tablet of EP PHYTOSTEROLS supplies 0.45 grams of plant sterols esters.

Tablets may vary in color from lot to lot.

Store in a dry place at room temperature.



17418

IMMEDIATE RELEASE

Phytosterols

450 MG**Dietary Supplement****180 Tablets****Supplement Facts**

Serving Size: 3 Tablets
Servings Per Container: 60

Amount Per Serving	%Daily Value	
Calcium (as phosphate)	150 mg	15%
Phosphorus	114 mg	12%
PHYTOSTEROLS	1350mg	*
45% as beta-Sitosterol, 25% as Campesterol, 15% as Stigmasterol and 6% other Sterols		

*Daily Value Not Established

Other Ingredients: Cellulose, Modified Cellulose, Silica, Stearic Acid (Veg), Magnesium Stearate (Veg).
(CONTAINS PHYTOSTEROLS FROM SOYBEANS)

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