



www.bluebonnetnutrition.com

Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, Texas 77478 USA



With B-Complex 100
Coenzymes & Super Fruits
Dietary Supplement
60 Caplets



iron-free
MAXI TWO[®]
Twice Daily Multiple

Bluebonnet

Directions: As a dietary supplement, take two caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 2 Caplets Servings Per Container 30

Amount Per Serving % DV

Vitamin A (as natural beta-carotene 2500 IU) (as vitamin A palmitate 2500 IU)	5000 IU	100
Vitamin C (as L-ascorbic acid)	500 mg	833
Vitamin D ₃ (as cholecalciferol)	1000 IU	250
Vitamin E (as d-alpha tocopheryl succinate)	300 IU	1000
Vitamin B ₁ (as thiamin mononitrate)	100 mg	6667
Vitamin B ₂ (as riboflavin, riboflavin 5 phosphate)	100 mg	5882
Vitamin B ₃ (as niacinamide)	100 mg	500
Vitamin B ₆ (as pyridoxine HCl, pyridoxine 5 phosphate)	100 mg	5000
Folate (as folic acid)	400 mcg	100
Vitamin B ₁₂ (as cyanocobalamin, methylcobalamin)	100 mcg	1667
Biotin	100 mcg	33
Pantothenic Acid (as calcium D-pantothenate)	100 mg	1000
Calcium (as calcium citrate)	50 mg	5
Iodine (as potassium iodide)	150 mcg	100
Magnesium (as citrate, bisglycinate chelate, oxide)	25 mg	6
Zinc (as bisglycinate chelate)	20 mg	133
Selenium (as glycinate complex) ^{††}	50 mcg	72
Copper (as bisglycinate chelate)	2 mg	100
Manganese (as bisglycinate chelate)	2 mg	100
Chromium (as nicotinate glycinate chelate)	50 mcg	42
Molybdenum (as glycinate chelate)	150 mcg	200
Potassium (as potassium aspartate)	50 mg	<2
Betaine HCl	50 mg	*
Choline Bitartrate	50 mg	*
Citrus Bioflavonoid Complex	50 mg	*
Hesperidin	10 mg	*
Inositol	50 mg	*
PABA (para-aminobenzoic acid)	50 mg	*
Rutin	50 mg	*
Boron (as glycinate complex) ^{††}	2 mg	*
Tropical Super Fruit Blend (from Acai, Acerola, Goji, Mangosteen and Pomegranate)	10 mg	*

* Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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^{††}Albion Advanced
Nutrition Amino Acid
Complex