

Swanson U L T R A[®]

The Most Advanced Nutrition Technology

TABLETS

Triple Action B-12

Vitamin Supplement



90 TABLETS • 1,000 mcg

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, partially dissolve one tablet under the tongue until the cherry flavor is gone, then swallow remaining tablet with water.

Specially formulated to release over an extended period.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin B-12 USP	1,000 mcg	41,667%
(as cyanocobalamin)		
Calcium	50 mg	4%
(from calcium carbonate and sulfate)		

Other ingredients: Sucrose, microcrystalline cellulose (plant fiber), mannitol, maltodextrin, croscarmellose sodium, stearic acid, magnesium stearate, beet juice, natural and artificial cherry flavor, modified food starch, Magnasweet[®] (glycyrrhizin from licorice), citric acid, food glaze, talc, gelatin, kaolin, titanium dioxide, beeswax, carnauba wax.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

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