

Swanson

U L T R A®

The Most Advanced Nutrition Technology

CAPSULES

DIM Complex

(Diindolylmethane)

Dietary Supplement

30 CAPSULES • 100 mg



- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, take one capsule one to three times per day with water before meals.

WARNING: This product should not be taken if you are pregnant, lactating or using oral contraceptives (birth control pills). May cause harmless changes in urine color.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

DIM Complex (BioDIM™)	100 mg*
(diindolylmethane 25%) [BioDIM™ is a patented diindolylmethane complex of starch, diindolylmethane, vitamin E (as d-alpha tocopheryl succinate), phosphatidyl choline (soybean phospholipid), silica]	

*Daily Value not established.

Other ingredients: Calcium carbonate, gelatin, titanium dioxide, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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