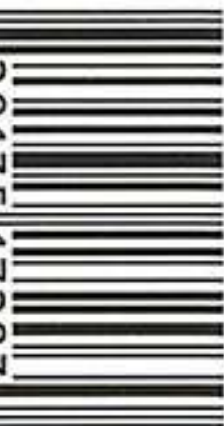




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**Directions:** Take one to four tablets daily with a full glass of water, preferably with meals.

May help prevent osteoporosis.

Regular exercise and a healthy diet with enough calcium helps teen and adult white and asian women maintain good bone health and may reduce their high risk of osteoporosis later in life. Adequate calcium intake is important, but daily intakes above about 2,000 mg are not likely to provide additional benefit.

It is normal for this product to have a distinctive botanical odor.

Contains no artificial colors, flavors, preservatives or sugars.

Store in dry place at room temperature.

# CAL-MAG<sup>TM</sup>

## COMPLEX

300 MG / 150 MG

Dietary Supplement

### Supplement Facts

Serving Size: 1 Tablet

| Amount Per Serving                    | % Daily Value |     |
|---------------------------------------|---------------|-----|
| Vitamin D3 (calciferol)               | 200 IU        | 50% |
| Calcium<br>(as carbonate and citrate) | 300 mg        | 30% |
| Magnesium<br>(as oxide and citrate)   | 150 mg        | 38% |

**Other Ingredients:** Vegetable Stearine (from Soybeans), Carnauba Wax, Pacific Kelp, Stearic Acid (Veg), Modified Cellulose Gum, Silica, Magnesium Stearate (Veg).  
CONTAINS VEGETABLE STEARINE FROM SOYBEAN OIL.

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[www.endur.com](http://www.endur.com)  
1-800-463-2532



300 Tablets