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Note: Plain niacin tablets are often called **Crystalline** or **Immediate Release**.

Directions: As a dietary supplement for adults, take one tablet daily with food or drink. **Do not exceed one tablet daily without consulting a physician.**

It is normal for this product to have a distinctive botanical odor.

Caution: Temporary flushing, itching or warming of the skin may occur. Do not use without the advice of your physician if you consume more than modest amounts of alcohol, have poorly controlled diabetes, liver disease, gout, active peptic ulcer disease, or unstable angina.

Keep out of reach of children.

PLAIN
NIACIN
(Nicotinic Acid)
500 MG

Dietary Supplement

600 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Tablet	%Daily Value
Niacin (as nicotinic acid)	500 mg 2500%

Other Ingredients: Vegetable Stearine (from Soybeans), Silica, Stearic Acid (Veg), Magnesium Stearate (Veg), Sodium Laurel Sulfate.
(CONTAINS VEGETABLE STEARINE FROM SOYBEAN OIL)

Contains no salt, sugar, starch, preservatives, artificial color or flavorings.

Store in a dry place at room temperature.



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