

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

CAPSULES

Albion[®] Complexed
Selenium
Mineral Supplement



90 CAPSULES • 200 mcg

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule per day with food and water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Selenium 200 mcg	364%
(from Albion [®] selenium glycinate complex)	

Rev 1 08 02 17

Other ingredients: Rice flour, gelatin, maltodextrin, microcrystalline cellulose (plant fiber).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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