

Directions for use:

Take three capsules 30 minutes prior to a meal, workout or bedtime. Up to three servings may be taken per day.

NOTE: IF YOU ARE PREGNANT OR NURSING, CHECK WITH YOUR HEALTH CARE PROFESSIONAL BEFORE USING THIS PRODUCT.

KEEP OUT OF REACH OF CHILDREN

MADE IN USA

Formulated/Manufactured exclusively for AdvoCare® International L.P. Plano, TX 75074 • 800-542-4800

For more information go to www.advocare.com



Catalyst™ supplement preserves, firms and tones muscles.* Catalyst also enhances strength and provides sustained energy during physical activity.*

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

CATALYST™

AMINO ACID DIETARY SUPPLEMENT

- Supports muscle tone*
- Enhances strength and energy*

TRIM

90 CAPSULES

SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Container: 30

	Amt Per Serving
L-Glutamine	1,200mg*
L-Leucine	450mg*
L-Isoleucine	225mg*
L-Valine	225mg*
L-Arginine	100mg*
Betaine	50mg*
Taurine	50mg*

*Daily Value (DV) not established.

OTHER INGREDIENTS: GELATIN, STEARIC ACID, MAGNESIUM STEARATE, SILICON DIOXIDE.

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LOT NUMBER