



Manufactured by
Bluebonnet Nutrition Corporation
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Super Vita-CoQ10 Formula®

Multivitamin & Multimineral
Plus Antioxidants CoQ10 & NAC
Dietary Supplement
120 Caplets



Directions: As a dietary supplement, take three caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 3 Caplets		Servings Per Container 40	
Amount Per Serving		% Daily Value	
Vitamin A (as natural beta-carotene 10,000 IU) (as vitamin A palmitate 5000 IU)	15,000 IU	300	
Vitamin C (as L-ascorbic acid)	1000 mg	1667	
Vitamin D ₃ (as cholecalciferol)	1000 IU	250	
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1333	
Vitamin B ₁ (as thiamin mononitrate)	75 mg	5000	
Vitamin B ₂ (as riboflavin)	75 mg	4412	
Vitamin B ₃ (as niacinamide)	75 mg	375	
Vitamin B ₆ (as pyridoxine HCl)	75 mg	3750	
Folate (as folic acid)	400 mcg	100	
Vitamin B ₁₂ (as cyanocobalamin)	100 mcg	1667	
Biotin	300 mcg	100	
Pantothenic Acid (as calcium D-pantothenate)	75 mg	750	
Calcium (as citrate)	100 mg	10	
Magnesium (as aspartate)	50 mg	13	
Zinc (as picolinate)	15 mg	100	
Selenium (as selenomethionine)	200 mcg	286	
Copper (as histidine)	2 mg	100	
Manganese (as histidine)	10 mg	500	
Chromium (as picolinate)	50 mcg	42	
Molybdenum (as glycinate chelate)	200 mcg	267	
Potassium (as aspartate)	15 mg	<1	
Citrus Bioflavonoid Complex	300 mg	*	
Hesperidin	75 mg	*	
NAC (N-acetyl-L-cysteine)	250 mg	*	
Betaine HCl	100 mg	*	
Choline Bitartrate	75 mg	*	
Inositol	75 mg	*	
PABA (para-aminobenzoic acid)	75 mg	*	
Quercetin	50 mg	*	
Coenzyme Q10 (as ubiquinone)	30 mg	*	
Rutin	30 mg	*	
Boron (as citrate, aspartate, glycinate)	2 mg	*	

* Daily Value not established.

Other ingredients: Vegetable cellulose, silica, stearic acid, vegetable magnesium stearate, vegetable glaze.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat. Also free of gluten, barley and sugar.

Minerals are shown in their elemental value.

Bluebonnet's KOF-K Certification #K-0000700

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