



MegaFood®

Fresh From Farm To Tablet™

Vitamin D3 1000 IU

Supports Immune & Bone Health*

Supplement Facts

Serving Size 1 Tablet
Servings per Container 90

	Amount per Serving	% DV
 Vitamin D3 (cholecalciferol with <i>S. cerevisiae</i>)	25 mcg (1000 IU)	125
Nourishing Food & Herb Blend*	650 mg	**
Organic Brown Rice, <i>S. cerevisiae</i> , Organic Parsley Leaf, Organic Broccoli, Organic Carrot, Organic Beet Root		

** % Daily Value (DV) not established

Other Ingredients: Cellulose, Stearic Acid, Silica.

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

 This MegaFood product is made with real food sourced from our trusted family farm partners, wholesome nutritional yeast, carefully selected herbs and added vitamins. Each vitamin is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself. See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood,
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Lot#:
Best
Before:

VITAMIN
DIETARY SUPPLEMENT