



Manufactured by
Bluebonnet Nutrition Corporation
12915 Dairy Ashford, Sugar Land, Texas 77478 USA
www.bluebonnetnutrition.com

GLUTEN
FREE

PARVE

Dietary Supplement

60 Caplets

With B-Complex 100
Coenzymes & Super Fruits

Maxi TWO[®]

Twice Daily Multiple

Bluebonnet

Directions: As a dietary supplement, take two caplets once daily, preferably with a meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size 2 Caplets Servings Per Container 30

Amount Per Serving **% DV**

Vitamin A 5000 IU 100

(as natural beta-carotene 2500 IU)
(as vitamin A palmitate 2500 IU)

Vitamin C (as L-ascorbic acid) 500 mg 833

Vitamin D₃ (as cholecalciferol) 1000 IU 250

Vitamin E (as d-alpha tocopheryl succinate) 300 IU 1000

Vitamin B₁ (as thiamin mononitrate) 100 mg 6667

Vitamin B₂ (as riboflavin, riboflavin 5 phosphate) 100 mg 5882

Vitamin B₃ (as niacinamide) 100 mg 500

Vitamin B₆ (as pyridoxine HCl, pyridoxine 5 phosphate) 100 mg 5000

Folate (as folic acid) 400 mcg 100

Vitamin B₁₂ (as cyanocobalamin, methylcobalamin) 100 mcg 1667

Biotin 100 mcg 33

Pantothenic Acid (as calcium D-pantothenate) 100 mg 1000

Calcium (as calcium citrate) 50 mg 5

Iron (as bisglycinate chelate) 10 mg 56

Iodine (as potassium iodide) 150 mcg 100

Magnesium (as citrate, bisglycinate chelate, oxide) 25 mg 6

Zinc (as bisglycinate chelate) 20 mg 133

Selenium (as glycinate complex)^{††} 50 mcg 72

Copper (as bisglycinate chelate) 2 mg 100

Manganese (as bisglycinate chelate) 2 mg 100

Chromium (as nicotinate glycinate chelate) 50 mcg 42

Molybdenum (as glycinate chelate) 150 mcg 200

Potassium (as potassium aspartate) 50 mg <2

Betaine HCl 50 mg *

Choline Bitartrate 50 mg *

Citrus Bioflavonoid Complex 50 mg *

Hesperidin 10 mg *

Inositol 50 mg *

PABA (para-aminobenzoic acid) 50 mg *

Rutin 50 mg *

Boron (as glycinate complex)^{††} 2 mg *

Tropical Super Fruit Blend 10 mg *

(from Acai, Acerola, Goji, Mangosteen and Pomegranate)

* Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, vegetable magnesium stearate, silica, vegetable glaze.

Contains: Soybeans

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley and sugar.

Minerals are shown in their elemental value.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Bluebonnet's KOF-K Certification #K-0000700

Gold Medallion design is a registered trademark of Albion Laboratories, Inc.

^{††}Albion Advanced
Nutrition Amino Acid
Complex